

Your Rights & Protections Against Surprise Medical Bills

When you receive emergency care or are treated by an out-of-network provider at an in-network facility, you are protected from unexpected (“surprise”) medical bills under federal law, including the No Surprises Act.

Psychotherapy services differ from these situations in that services are scheduled in advance and fees are discussed prior to treatment. As an out-of-network provider, I will inform you of my fees so you can make informed decisions about your care.

You have the right to receive a **Good Faith Estimate (GFE)** of the expected cost of services. You may request this estimate before starting treatment or at any time during treatment.

If you receive a bill that is at least \$400 more than your Good Faith Estimate, you have the right to dispute the bill.

For questions about your rights, you may visit www.cms.gov/nosurprises or call 1-800-985-3059.